

It's never too late! Discover how the REIGNITE Intensive can help you save your marriage in 2 days!

## INSTRUCTIONS

In the space provided, identify the degree in which the following characteristics or behaviors most accurately describes you at home or in the relationships with your loved ones.

## 0 = not at all 1 = somewhat 2 = mostly; 3 = very much

For more information and help visit <u>www.smalley.cc</u>.

Column 1	Column 2	Column 3	Column 4
Likes control	Enthusiastic	Sensitive	Consistent
Confident	Visionary	Calm	Reserved
Firm	Energetic	Non-demanding	Practical
Likes challenge	Promoter	Enjoys routine	Factual
Problem solver	Mixes easily	Relational	Perfectionistic
Bold	Fun-loving	Adaptable	Detailed
Goal driven	Spontaneous	Thoughtful	Inquisitive
Strong willed	Likes new ideas	Patient	Persistent
Self-reliant	Optimistic	Good listener	Sensitive
Persistent	Takes risks	Loyal	Accurate
Takes charge	Motivator	Even-keeled	Controlled
Determined	Very verbal	Gives in	Predictable
Enterprising	Friendly	Indecisive	Orderly
Competitive	Popular	Dislikes change	Conscientious
Productive	Enjoys variety	Dry humor	Discerning
Purposeful	Group oriented	Sympathetic	Analytical
Adventurous	Initiator	Nurturing	Precise
Independent	Inspirational	Tolerant	Scheduled
Action oriented	Likes change	Peace maker	Deliberate
TOTAL SCORE	TOTAL SCORE	TOTAL SCORE	TOTAL SCORE

On the next page, record the totals on the appropriate graph space.



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Simply plot your scores on the graph below and then connect the dots from one column to the next. Your strengths are the columns in which you scored the highest points.

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Score	The Lion	The Otter	The Golden Retriever	The Beaver
60				
58				
56				
54				
52				
50				
48				
46				
44				
42				
40				
38				
36				
34				
32				
30				
28				
26				
24				
22				
20				
18				
16				
14				
12				
10				
8				
6				
4				
2				
0				
0				



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## The Smalley Institute Personality Interpretations

	The Lion	The Otter	The Golden Retriever	The Beaver
Relational Strengths:	Takes charge. Problem solver. Competitive. Enjoys change. Confrontational.	Optimistic. Energetic. Motivators. Future oriented.	Warm & Relational. Loyal. Enjoys Routine. Peace-Maker. Sensitive Feelings.	Accurate and precise. Quality control. Discerning. Analytical.
Strengths Out of Balance:	Too direct or impatient. Too busy. Cold blooded. Impulsive or takes big risks. Insensitive to others.	Unrealistic or day-dreamer. Impatient or over bearing. Manipulator or pushy. Avoids details or lacks follow-through.	Attract the hurting. Missed opportunities. Stays in a rut. Sacrifice own feelings for harmony. Easily hurt or holds a grudge.	Too critical or too strict. Too controlling. Too negative of new opportunities. Lose overview.
Communication Style:	Direct or blunt. One-way. Weakness: Not as good a listener.	Can inspire others. Optimistic or enthusiastic. One-way. Weakness: High energy can manipulate others.	Indirect. Two-way. Great listener. Weakness: Uses too many words or provides too many details.	Factual. Two-way. Great listener (tasks). Weakness: Desire for detail and precision can frustrate others.
Relational Needs:	Personal attention & recognition for what they do. Areas where he or she can be in charge. Opportunity to solve problems. Freedom to change. Challenging activities.	Approval. Opportunity to verbalize. Visibility. Social recognition.	Emotional security. Agreeable Environment.	Quality. Exact expectations.
Relational Balance:	Add softness. Become a great listener.	Be attentive to mate's needs. There is such a thing as too much optimism.	Learn to say "NO" establish emotional boundaries. Learn to confront when own feelings are hurt.	Total support is not always possible. Thorough explanation isn't everything